GMB MEMBERS SET FOR 2\textsuperscript{nd} WAVE OF STRIKE ACTION & ACTION SHORT OF A STRIKE

WHAT GMB MEMBERS SAY

GMB Members in the NHS voted and took part in strike action in October 2014 and are now set to take a second wave of strike action, beginning week commencing Monday 24\textsuperscript{th} November and this will be followed by seven days of action short of a strike. Full details are listed below.

NHS & AMBULANCE STRIKE ACTION

On Monday 24\textsuperscript{th} November, GMB is asking members to take strike action from 7am to 11am. That means you stop work and join a picket line between the hours of 7am - 11am only. If you are at work on Monday 24\textsuperscript{th} November, GMB asks you to come out and join a picket line and stand in solidarity with union members taking action. If your scheduled shift on Monday 24\textsuperscript{th} November is later, please consider turning up early or later to join union members on a picket line. Help get the message out to all NHS staff. NHS pay is being attacked, let's stand together and fight back.

NHS ACTION SHORT OF STRIKE

Once Monday’s strike action concludes at 11am, GMB is asking all members to take part in Action short of strike (ASOS) from 11.01am Monday 24\textsuperscript{th} November until midnight Sunday 30\textsuperscript{th} November. This means only work the hours you get paid for and take your breaks from 11.01am on Monday 24th November, Tuesday 25\textsuperscript{th} November, Wednesday 26\textsuperscript{th} November, Thursday 27\textsuperscript{th} November, Friday 28\textsuperscript{th} November, Saturday 29\textsuperscript{th} November and up to 23.59 hours on Sunday 30\textsuperscript{th} November. Overtime should only be worked if it is paid overtime only. No good will for seven days.

WHAT NOW?

GMB NHS Reps, will shortly be calling you to a meeting to discuss the strike action and action short of strike being planned for week commencing Monday 24\textsuperscript{th} November. Please ensure you attend these meetings.

If you know a colleague that is not in a union, hand them this newsletter as it’s time they joined.

Don't have a union rep in your workplace? Email nhs@gmb.org.uk

Join online at www.gmb.org.uk/join

GMB STRIKE ACTION

NHS Strike Action
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WHAT IS HAPPENING IN NHS ENGLAND?

For the first time in the history of the Independent Pay Review Body (PRB), the Government has chosen to ignore its recommendation of 1% for all staff. The Secretary of State for Health has deliberately ignored the recommendations and made a decision not to give a universal pay uplift to all NHS Staff.

GMB MEMBERS HAVE RESPONDED AND VOTED FOR A DOUBLE YES-YES FOR STRIKE ACTION AND ACTION SHORT OF A STRIKE.

ALL NHS WORKERS CAN GET INVOLVED

Joining the GMB is easy, quick and fast. You or your colleagues can join via one of the following methods:

1. Online at www.gmb.org.uk/join
2. Complete the GMB application form and post to Freepost RSTX-CZTR-LCJL, GMB NHS Sector, 22-24 Worple Road, London SW19 4DD
3. Ring 020 8971 4268 and ask for the GMB NHS Sector.
4. Email nhs@gmb.org.uk asking for a membership form.
5. Ask the GMB to visit your workplace and work colleagues. email nhs@gmb.org.uk and arrangements can be made to have a face to face meeting.

LET’S STICK TOGETHER AND RETAIN OUR HARD FOUGHT TERMS AND CONDITIONS

Ensure your membership details are correct by registering with GMB online: https://www.gmb.org.uk/login

Why Join GMB?

GMB is Britain’s fastest growing trade union. GMB is a campaigning trade union; its job is to get the best deal for GMB members at work and is committed to building a strong organisation in every GMB workplace and to help make every workplace safer. Whoever you are, wherever you work, joining GMB is the right decision.

GMB Membership Subscriptions:

1st October 2014 rates for GMB membership will be as follows.

Full time - Grade 1 = £2.80 per week (£12.14 per month)
Part time - Grade 2 = £1.65 per week (£7.15 per month)

Join online at www.gmb.org.uk/join
# Where Do I Send My Completed Form?

Just fill in parts 1, 2 and 3 or 4 below and post it to:

Freepost RSTX-CZTR-LCJL  
GMB NHS Sector  
22-24 Worple Road  
London SW19 4DD

Or hand the form below to your local GMB representative

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### 1. Tell Us About You

<table>
<thead>
<tr>
<th>Surname</th>
<th>First Name</th>
<th>Title</th>
<th>Date of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Mrs/Miss/Ms/Mr</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Home Address</th>
<th>Postcode</th>
<th>Mobile</th>
<th>Date</th>
<th>National Insurance Number</th>
</tr>
</thead>
</table>

We ask for your ethnic origins as part of our equal opportunities policy of improving services to all members:

- Bangladeshi
- Black African
- Black Caribbean
- Black British
- Chinese
- Indian
- Irish
- Pakistani
- White
- Other

### 2. Tell Us About Your Job

<table>
<thead>
<tr>
<th>NHS Employer Name</th>
<th>Work Address</th>
<th>Postcode</th>
<th>How many hours a week do you work?</th>
<th>Pay No</th>
<th>Work Tel</th>
<th>Pay Date</th>
</tr>
</thead>
</table>

### 3. Choose Either Authorisation of Deduction of Your Trade Union Contributions from Your Pay

Section 68, Trade Union and Labour Relations (Consolidated) Act 1992 as amended

I authorise my employer to deduct from my pay each week/month the sum of £

- Please start the deductions immediately and pay the amounts to the GMB
- I note that this agreement may be cancelled by one month’s notice in writing
- I give permission to my employer to notify the GMB of any future change of address

<table>
<thead>
<tr>
<th>Signed:</th>
<th>Date:</th>
</tr>
</thead>
</table>

### 4. OR Instruction to Your Bank or Building Society To Pay By Direct Debit

Please fill in the form and send to: Freepost RSTX-CZTR-LCJL, GMB, 22-24 Worple Road, London SW19 4DD

Name and full postal address of your Bank or Building Society branch

<table>
<thead>
<tr>
<th>Service User Number</th>
<th>Bank/Building Society</th>
<th>Reference number (office use only)</th>
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<tbody>
<tr>
<td>9 7 4 3 3 0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To the Manager of

Bank/Building Society

Address

Postcode

Name(s) of account holder(s)

Instructions to your Bank or Building Society

Please pay GMB Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with GMB and, if so, details will be passed electronically to my Bank/Building Society

Bank/Building Society Account Number

Signature(s)

Date

Bank/Building Society Sort Code

Reference number (office use only)

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Bank or Building Societies may not accept Direct Debit instructions for some types of accounts.